



HIS House: Gym - Speech
Week #17: What God wants us to DO

1) How can you apply the following scriptures to improve control over your speech?

Psalms 19:14, 141:3

Proverbs 13:3, 15:1, 23, 28

Matthew 5:36-37

Ephesians 4:15, 25, 29

2) What truth found in these two verses will be your keys to long-term success with controlling your speech?

Luke 6:45

I Peter 3:10

3) Based on what you have learned this week, list 2-3 principles in the space below. Principles can fall into any of these categories:

A truth about God (His person, character, etc.)

A promise or warning from God

A statement of how He relates to mankind

4) Write a personal prayer as you talk to God, asking for His help to apply the lesson you have just studied.

5) Write down 2-3 steps to implement the things you have learned this week. Ask yourself what action God is leading you to take. What things do you need to start / stop doing?