

## Psalm 103 (NLT)

- 1 Let all that I am praise the Lord;  
with my whole heart, I will praise his holy name.
- 2 Let all that I am praise the Lord;  
may I never forget the good things he does for me.
- 3 He forgives all my sins  
and heals all my diseases.
- 4 He redeems me from death  
and crowns me with love and tender mercies.
- 5 He fills my life with good things.  
My youth is renewed like the eagle's!
- 6 The Lord gives righteousness  
and justice to all who are treated unfairly.
- 7 He revealed his character to Moses  
and his deeds to the people of Israel.
- 8 The Lord is compassionate and merciful,  
slow to get angry and filled with unfailing love.
- 9 He will not constantly accuse us,  
nor remain angry forever.
- 10 He does not punish us for all our sins;  
he does not deal harshly with us, as we deserve.
- 11 For his unfailing love toward those who fear him  
is as great as the height of the heavens above the earth.
- 12 He has removed our sins as far from us  
as the east is from the west.
- 13 The Lord is like a father to his children,  
tender and compassionate to those who fear him.
- 14 For he knows how weak we are;  
he remembers we are only dust.
- 15 Our days on earth are like grass;  
like wildflowers, we bloom and die.
- 16 The wind blows, and we are gone—  
as though we had never been here.
- 17 But the love of the Lord remains forever  
with those who fear him.  
His salvation extends to the children's children
- 18 of those who are faithful to his covenant,  
of those who obey his commandments!
- 19 The Lord has made the heavens his throne;  
from there he rules over everything.
- 20 Praise the Lord, you angels,  
you mighty ones who carry out his plans,  
listening for each of his commands.
- 21 Yes, praise the Lord, you armies of angels  
who serve him and do his will!
- 22 Praise the Lord, everything he has created,  
everything in all his kingdom.  
Let all that I am praise the Lord.