



HIS House: Gym - Temptation

Week #14: What God wants us to DO

1) What do these scriptures tell us we need to do to overcome temptation when it happens?

Psalms 119:11

Luke 22:46

Romans 13:14

I Corinthians 10:13

James 4:7-8

2) What comfort and reassurance do you find in the following verses?

Psalms 25:15

Proverbs 3:26

Philippians 4:13

2 Peter 2:7-9

I John 1:8-9

3) What is one temptation in particular with which you continue to struggle?

4) Based on what you have learned this week, list 2-3 principles in the space below. Principles can fall into any of these categories:

A truth about God (His person, character, etc.)

A promise or warning from God

A statement of how He relates to mankind

5) Write a personal prayer as you talk to God, asking for His help to apply the lesson you have just studied.

6) Write down 2-3 steps to implement the things you have learned this week. Ask yourself what action God is leading you to take. What things do you need to start / stop doing?