



HIS House: Gym - Spiritual Disciplines Week #16: What God wants us to KNOW

1) What is God's purpose for your spiritual growth? (Romans 8:28-29)

2) What are spiritual disciplines and why are they valuable to your spiritual growth?

Proverbs 23:12

I Corinthians 9:24-27

Colossians 2:5-6

I Timothy 4:7b-8

2 Peter 3:17-18

3) How do the spiritual disciplines you practice deepens your relationship with God?